



**ST. IGNATIUS COLLEGE OF EDUCATION  
(AUTONOMOUS)**

**Accredited with 'A' grade by NAAC (Second Cycle)**

**Palayamkottai – 627 002**



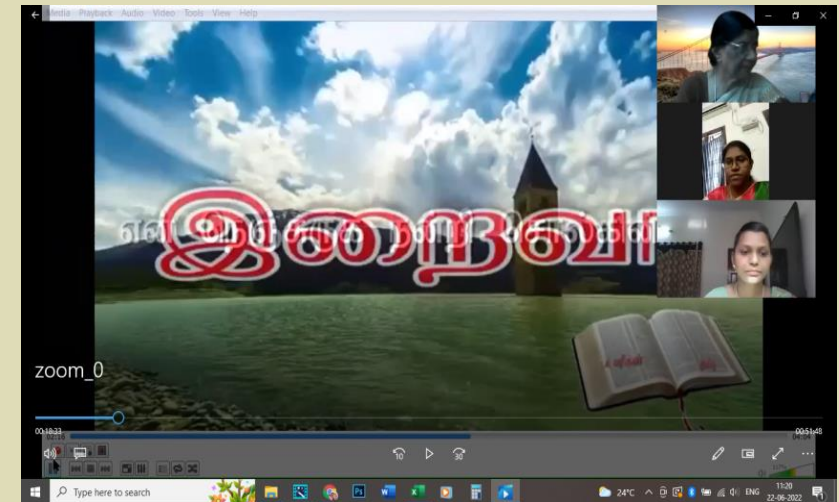
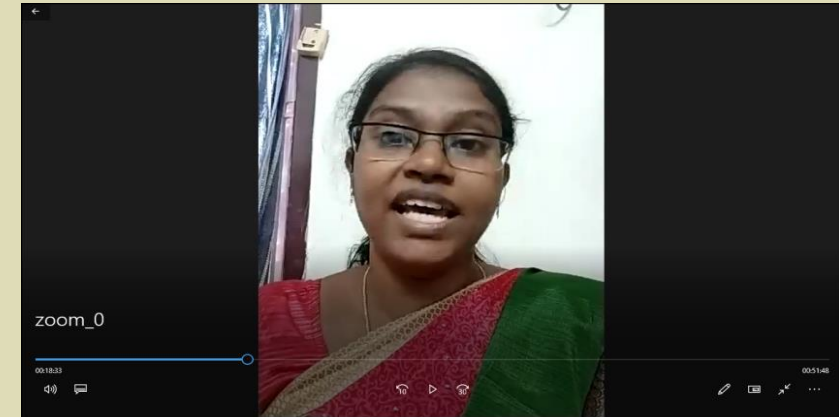
**EXTENSION ACTIVITIES**

**2020 - 2021**

# POSHANABHIYAN CAMPAIGN (NATIONAL NUTRITIONAL CAMPAIGN)

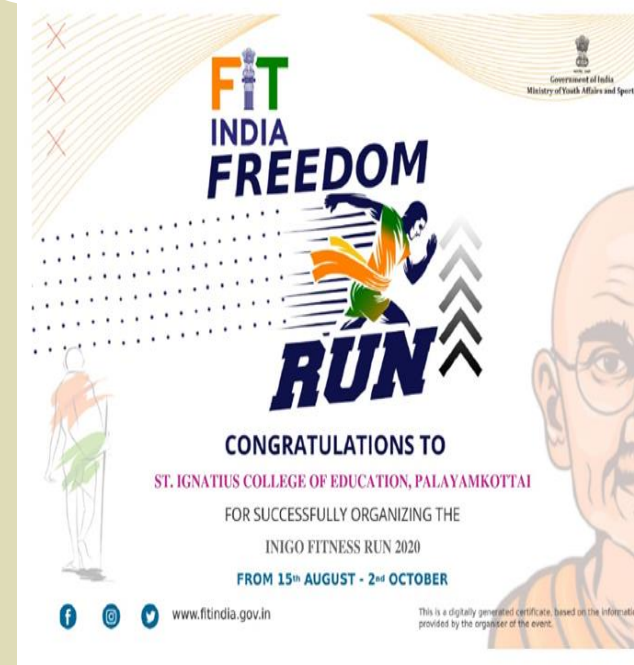


Our college organized PoshanAbhiyan Campaign in collaboration with Government Primary Health Center, Samathanapuram, Tirunelveli, on 29.09.2020. . Dr. P. K. Suganya Devi, MBBS. Medical Officer, Samathanapuram UPHC., Tirunelveli was the resource person.



# "INIGO FITNESS RUN 2020"

According to the guidelines given by FIT INDIA FREEDOM RUN, announced by the MHRD Government of India. We organized "INIGO FITNESS RUN 2020" from 27th September to 02nd October 2020.

An event poster for INIGO FITNESS RUN 2020. It features the FIT INDIA logo and the text: "St. IGNATIUS COLLEGE OF EDUCATION (Autonomous) (Re-accredited with 'A' Grade by NAAC) Palayamkottai - 627 002, Tirunelveli, Tamil Nadu, India (Affiliated to Tamilnadu Teachers Education University, Chennai)". It cordially invites participants from Sep 27 to Oct 2, 2020, with the slogan "Any Where, Any Time".

**Instructions**

- . Run/walk any where at any time
- . Run/walk a route of your choice, at a time that suits you
- . Break-up your run/walk
- . Run/walk your own race at your own pace
- . Download STRAVA app from play store
- . Click here to start your run/walk <https://www.strava.com/clubs/inigosports>
- . Participant should post minimum of 20 min/3kms run/walk will be accepted

For Registration click the link: [http://bit.ly/365nbTk\\_InigoFitnessRun](http://bit.ly/365nbTk_InigoFitnessRun)

Free Registration E - Certificate for Participants

**Organizing Committee**

Patron : Rev. Sr. A. Magdalene Therese, ICM Secretary

Educational Councilor : Rev. Sr. Dr. L. Vasanthi Medona, ICM

Convener : Dr. M. Maria Saroja Principal i/c

Organizing Secretary : Dr. S. Josephine Director of Physical Education

Made with PosterMyWall.com

# EYE CARE IN THE DIGITAL AGE



On International Sight Day, our college organized a Webinar on "Eye Care in The Digital Age" in collaboration with Sri Sarada College of Education for Women, Ariyakulam, Tirunelveli, and Aravind Eye Hospital, Tirunelveli on 08.10.2020. Dr. R. Meenakshi, D.O., DNB., Chief Medical Officer, Aravind Eye Hospital, Tirunelveli, was the resource person.



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**SRI SARADA COLLEGE OF EDUCATION FOR WOMEN**  
(Accredited with 'B' Grade by NAAC)  
Ariyakulam, Tirunelveli - 627 011  
(Affiliated to Tamilnadu Teachers Education University, Chennai)

**Aravind Eye Hospital, Tirunelveli**  
jointly organize a webinar on

**EYE CARE IN THE DIGITAL AGE**

Date: 08.10.2020, Thursday : Time: 03.00 pm

Resource Person  
**Dr. R. Meenakshi, D.O., DNB**  
Chief Medical Officer,  
Aravind Eye Hospital, Tirunelveli

Zoom Meeting Link:  
<https://us02web.zoom.us/j/9506565326?pwd=NjFCaHlXaXZHVUJlMUpDZ3N1aTRhZz00>  
Meeting ID: 950 656 5326, Passcode: 1JLeZK

**Organizing Committee**

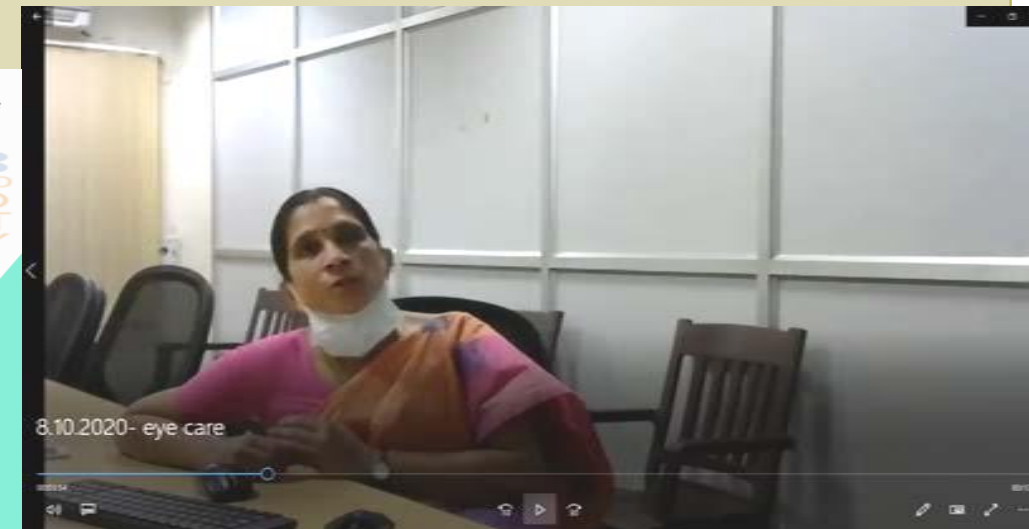
**Patron** : Rev. Sr. A. Magdalene Therese, ICM  
Secretary, St. Ignatius College of Education

**Educational Councillor** : Rev. Sr. Dr. L. Vasanthi Medona, ICM  
St. Ignatius College of Education

**Conveners** : Dr. M. Maria Saroja  
Principal i/c, St. Ignatius College of Education

**Organizing Secretary** : Dr. D. Packialakshmi  
Principal, Sri Sarada College of Education for Women

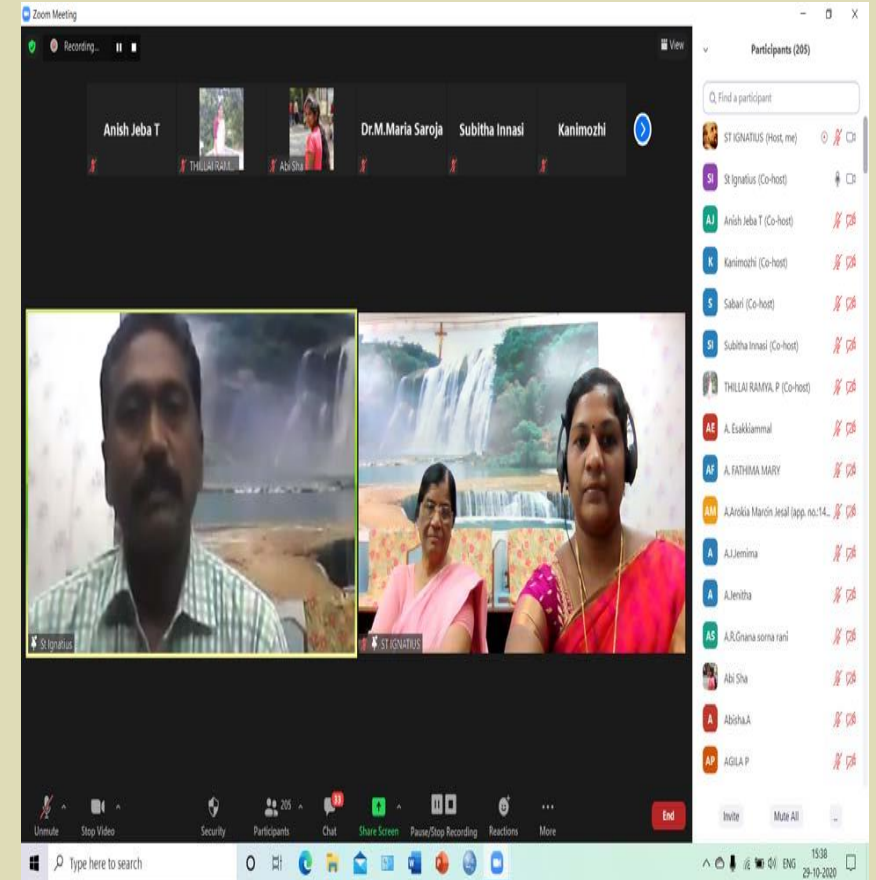
Dr. S. Josephine  
Director of Physical Education, St. Ignatius College of Education





# VIGILANCE AWARENESS WEEK 2020

In observance of Vigilance Awareness Week 2020, our college organized a webinar on 29th October 2020. Mr. E. MaclarineEskhol, Deputy Superintendent of Police, Vigilance, and Anti-Corruption, Tirunelveli was the resource person and enlightened with his views on "**Vigilant India Prosperous.**"



# YOUTH AWAKENING DAY



Our college celebrated Youth Awakening Day on 15.10.2020. Dr. R. Indra Mary Ezhilselvi, IQAC Coordinator & Assistant Professor of Psychology, gave a motivational talk on "**Born to Win.**"

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(Affiliated to Tamilnadu Teachers Education University, Chennai)

**Youth Awakening Day Celebration**  
we cordially invite you for a webinar on

**BORN TO WIN**

Date: 15.10.2020, Thursday : Time: 03.00 pm

Resource Person  
**Dr. R. Indra Mary Ezhilselvi,**  
M.Sc(Chc), M.Sc(Psy), MA(Soc), MBA(HR), M.Ed., M.Phil., NET, Ph.D.,  
IQAC Coordinator & Assistant Professor of Psychology,  
St. Ignatius College of Education,  
Palayamkottai

Zoom Meeting Link:  
<https://us02web.zoom.us/j/95066565326?pwd=NjE0aUxkaXZHVUJlMUp0Z3N1aTRhZz09>  
Meeting ID: 950 665 5326, Passcode: 1JLeZk

**Organizing Committee**

Patron : Rev. Sr. A. Magdalene Therese, ICM Secretary

Educational Councilor : Rev. Sr. Dr. L. Vasanthi Medona, ICM District Team

Convener : Dr. M. Maria Saroja Principal I/c

Organizing Secretary : Dr. S. Josephine Director of Physical Education



# NATIONAL CANCER AWARENESS DAY

On 7th November 2020, we observed National Cancer Awareness Day through Zoom Online Platform in collaboration with St. Xavier's College of Education (Autonomous), Palayamkottai. Dr.G.Sivakumar, Radiology Oncologist, Government Hospital, Royapettah, Chennai, gave a unique address about the causative agent of cancer and effective treatments in the present situation.

ST. XAVIER'S COLLEGE OF EDUCATION (AUTONOMOUS)  
(Re-accredited (3<sup>rd</sup> Cycle) by NAAC at 'A' Grade with CGPA: 3.67)  
PALAYAMKOTTAI -627 002.

in collaboration with

ST. IGNATIUS COLLEGE OF EDUCATION  
(AUTONOMOUS)  
PALAYAMKOTTAI -627 002.

EARLY DETECTION SAVES LIVES

**National Cancer Awareness Day**

Date: 07 NOVEMBER 2020 (Saturday) Time : 02.45 p.m.

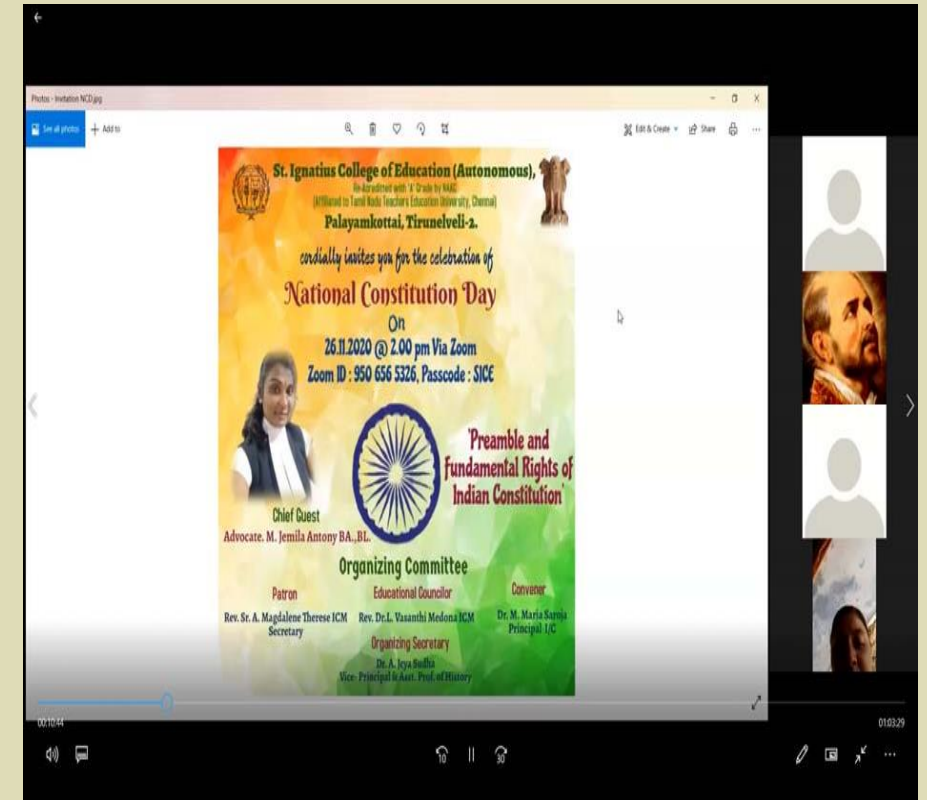
Special Speaker  
**Dr. G. Sivakumar**  
Radiology Oncologist  
Government Hospital, Royapettah  
Chennai

All are invited!

Zoom <https://us02web.zoom.us/j/87583325158?pwd=R3JuMXhN2mZlF2ZHRNMEgwWXhkdz09>

# NATIONAL CONSTITUTION DAY

The Celebration of National Constitution Day was held on 26th November Ms M. Jemila Antony BA., BL., Advocate, addressed the topic “Preamble and Fundamental Rights of Indian Constitution” and stressed the importance of the points mentioned in the preamble.





# AWARENESS PROGRAMME ON “AWARE; BEWARE; AIDS”

On International Aids Awareness Day, the Red Ribbon Club of our college organized a Webinar on “**Aware; Beware; AIDS**” in collaboration with Annai Velankanni Multispeciality Hospital Tirunelveli on 01.12.2020. Dr Gigi Selvan, M. D (O&G), M.M.U (ZAGREB), Director, Annai Velankanni Multispeciality Hospital, Tirunelveli was the resource person and has given an awareness talk on Aids awareness.

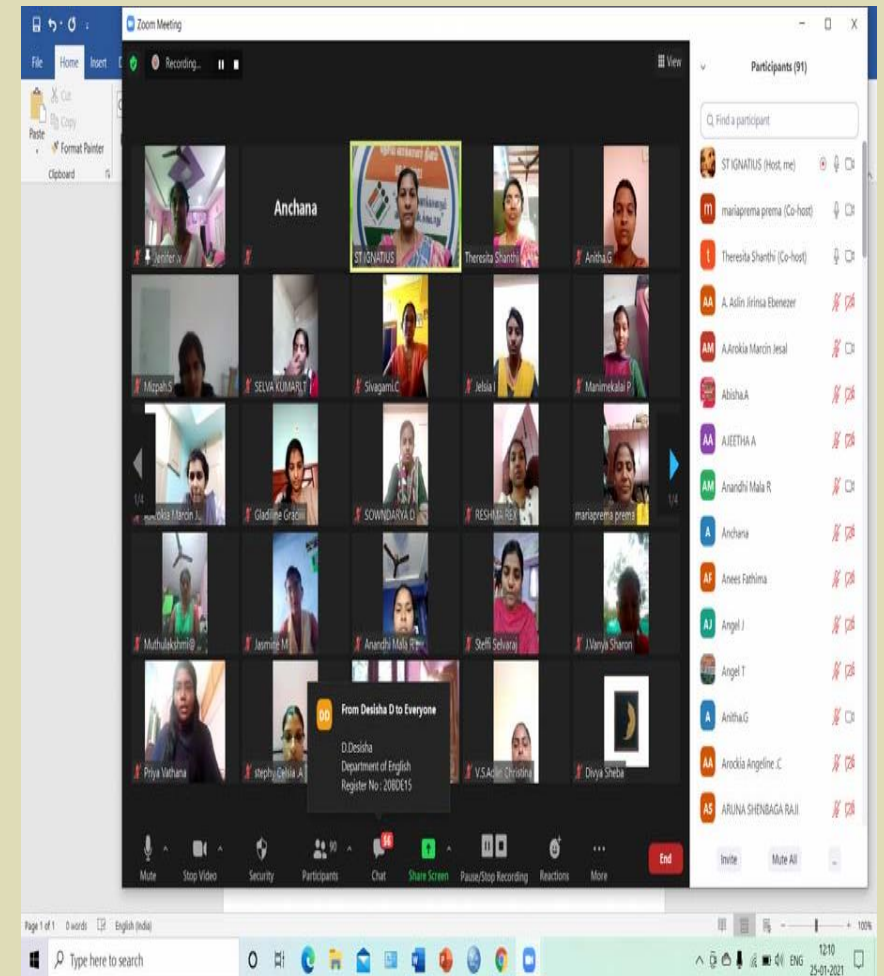
The screenshot shows a Zoom webinar interface. The top slide features a world map with a red ribbon and the text "AWARE; BEWARE; AIDS" and "WORLD AIDS DAY DECEMBER 1". The bottom slide is titled "DIAGNOSIS" and lists the following points:

- ELISA (Enzyme Linked Immuno-Sorbent Assay):
- Anti-p24 Envelope antibodies rise more slowly but stay high at the end
- Env antigens show major antigenic variation

The presentation also includes a small video inset showing a laboratory setting with a person in a lab coat and a microscope.

# VOTERS PLEDGE TAKING

On behalf of voter's awareness day, Voters Pledge Taking was held on 25.01.2021. In Nodal officer of voter's awareness forum Dr N. Theresitta Shanthi, Controller of examinations, our first-year B.Ed students took the pledge.



## 2 GB DATA SIMCARD DISTRIBUTION – GOVERNMENT SCHEME:

As per the scheme introduced by the Government of Tamil Nadu, 2 GB of Data Sim Cards were distributed to the student teachers on **5<sup>th</sup> March 2021** to ensure accessibility to online classes.





# SWATCHH BHARATH MISSION – CLEAN NATION: HEALTHY NATION

To encourage the students, our college initiated an activity of clean campus under Swatch Bharath Mission in our college premises. As a part of it, our college organized a campus cleaning program on 08.03.2021.





# CONSUMER AWARENESS DAY



On 15.03.2021, Consumer Awareness Day Webinar was organized to celebrate "World Consumer Awareness Day". The resource person Mr S. Jaferali, Advocate & Consumer Activist, District Court, Tirunelveli, delivered a compelling speech and shared many things about the consumer? What are the things we should notice when we buy things? What are the legal acts available to safeguard consumers? Our students clarified their doubts regarding consumer rights.



# VOTERS AWARENESS PROGRAMME



Our College conducted Voters Awareness Programme on 17th March 2021, to give awareness to the prospective teachers about the understanding of election and voting procedure.

